

Fishing Flounder with LOUIS GLASER

Written by: William Bransom

The *Norfolk Anglers Club* enjoyed having Louis Glaser share his experience on Flounder fishing.

Louis can be found during the summer months fishing out of Vinings Landing Marine Center on his Carolina Skiff. Here are some of the notes from Louis great presentation.

On Tackle: Braided fishing line is best; it provides less resistance in the water, requires less weight to hold the bottom, and allows you to “feel” the bottom for sand, rock, or other structure. Louis prefers using a 4/0 Kahle hook for its wider gap but will also use 4/0-5/0 Octopus hooks.

Louis’ typical bottom flounder rig consists of 50# braid to a 3-Way swivel. One leg of the swivel is a 6 inch drop of 30# Monofilament for your weight. You want to select a weight that will hold bottom and Mono that will allow the rig to breakaway if hopelessly snagged. The other leg of the swivel is a 3 ft length of 40# Monofilament line to the lure. **This bottom rig will work for drifting or live-baiting flounder.**

Louis’ rig for jigging flounder consists of 30# braid to a snap swivel or barrel swivel. From the swivel he uses a 30# Mono leader to his jig. Jigs can be painted or not and Louis prefers adding a rubber tail onto a 1-2 oz jig but a piece of strip bait works well too.

On Bait: “You got to love your bait” Louis told us. If you don’t, you’ll be constantly checking it, and, as Louis says “if your bait isn’t in the water you aren’t going to catch fish.”

Squid is popular and effective bait for flounder however, selecting and presenting the right squid bait is important. Cleaned tube squid you often find makes a poor bait. You should look for the uncleaned, or “stinky,” squid bait as Louis explained. You can often find it at local Asian Markets. Cut croaker or flounder belly strips also work well however, when using flounder belly it’s best to have the flounder carcass with you to avoid any conflict with Virginia Fishing Regulations.

To prepare your squid bait cut it into strips and place it on the hook so that it’s trailing behind the hook/lure. Louis prefers to use strips approximately 4 inches early in the season and increase the size to 6-8 inches later in the fall. It’s important to check your bait in the water before dropping to the bottom. **It should have a flat wave action and not spin.**

Live baiting flounder is another method. Louis likes to use 4-5 in croakers hooked up under the chin and through the eye or hooked down through the nose. For catching your bait use gold #8 hooks on light weight leader with bloodworms, night crawlers, or an imitation bloodworm product to catch your bait. Live baiting flounder around structure like the CBBT Islands and pilings is very effective.

A special THANKS to Louis for sharing his experience with the club.

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Next MEETING

Meet Captain Austin Hayne
Finao Sportsfishing

Monday, June 9th, 7pm

Topic: Cobia

Location: Teppanyaki Buffet
7525 Tidewater Dr Norfolk, VA 23505



Fishing from the NORFOLK CANYON

Written by: Dr. Ike

Mike Avery gave us the honor to be part of a crew on his boat with Wes, and Dave Went for an overnight trip to the Norfolk Canyon. We headed out in bumpy



conditions until we got to the CLT — where we found the water was like glass and the current was minimal making perfect deep drop conditions. Water temps over the Norfolk are still a cold 51-52 degrees and the dogs are still bad, but even so, at day break the next day we found our luck in Golden Tiles. We had a slow start using squid but that quickly changed once we caught a bluefish and put down fresh bait.

Electric reels were a necessary for the golden tilefish since they were in 500-600 feet deep, and I’m proud to say I was the hot fisherman catching 5 in a row with the biggest around 35 lbs. Together we caught 12 goldens by noon, one of which, Mike caught on a jig which was surprising. The next phase of our trip happened when we moved to a blueline tile area and began hand-cranking with strips of squid in 300 ft. The result had us picking through spiny dog fish, but in the end we were catching bluelines over 8 lbs — bring a few citations on board before the end of the trip.

We had to work for our Tile limit after picking through so many dogs, but we did get to our limit with a mix of goldens and bluelines before we headed home. We were pleasantly surprised we did not catch a single Black Sea Bass, which is good, because we hate to release them in deep waters with the closed season for 2 more weeks. Overall a great trip and

major meat haul!

The final count:

- 12 Golden Tiles to 35 lbs
- 16 Blueline Tiles to 11 lbs
- 1 27” flounder
- 1 Bluefish
- & Countless Spiny and Smooth Dogs

Want your cooler COLDER and ice to last LONGER? JUST ADD SALT!

Written by: William Bransom

Adding plain ice to your cooler will get your cooler chilled to around 25-30 degrees Fahrenheit (F). While that’s fine for a picnic, the ice won’t last long on a very warm day with the cooler sitting in the hot sun. On an all-day fishing trip, keeping the catch cold can be a challenge. **The answer lies in salting your ice.**

Understanding how the process works can involve a long and detailed explanation involving freezing point, melting point, latent heat, and energy transfer but why bother. **It works.**

What kind of salt should you use? Ordinary table salt, canning/pickling salt, or kosher salt will all work well, though rock salt’s a bit too course. Just apply a liberal

amount (about a cup or two) as you add your ice to the cooler.

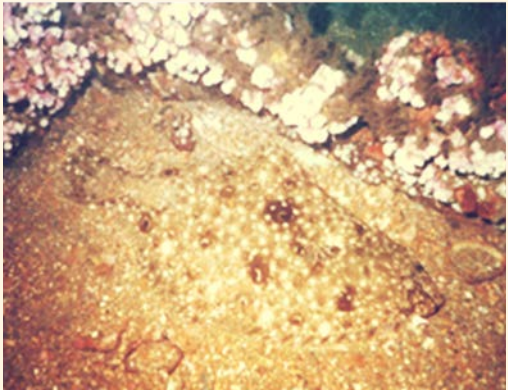
I wanted to know how much of a temperature drop I could get so I conducted my own test with 30 Lbs of ice. I first allowed the cooler to chill for 30 minutes, then read temperatures ranging from 25-29 degrees F. I added about a cup of table salt and mixed it into the ice. After letting it sit for 10 minutes, I read temperatures as low as NEGATIVE 15 degrees F. **That’s COLD!**

A note of caution: Chilling your cooler or fish box down to below zero will be good for the day’s catch **however**, be especially careful if you choose to chill your food and beverages in the same manner. **Cans and bottles can burst if subjected to freezing temperatures.**

Continued on next page...



NAC Member PHOTOGRAPHY





Applications for the RFAB



Weather & Tides RESOURCES

www.wvec.com
Hampton Roads local ABC
affiliate.

Names: _____

2014 Flounder Bowl Tournament Rules

examination, both internal and external by the tournament committee of the FIDEW A.

USCFA, Case Marina, and any sponsor of the tournament shall not be liable for injury, loss, or damage of any kind.

It consists of a minimum of three people, a director and two assistants all sanctioned by the PSWFA, and at 1.00 PSE the day before the tournament for the day of the tournament. For the area from New Point Quay to the south of the river, the fee is 1.00 PSE.

250. Storage will be assessed with the moving business and separate sponsor's business.

PSISFA 2014 Flounder Bowl Registration Form

Cluster	Time
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References

Marine Resources

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www.elsevier.com

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